

ANNA KAFARSKI

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EDUCATION

NOTRE DAME PREPARATORY SCHOOL *Pontiac, MI* 9, 10, 11, 12

GPA Unweighted / Weighted: 4.00 / 4.390

AP Exams: US History 5, Government 4, Composition 4

Current Coursework: Accounting, AP Comp Sci, AP English Lang & Lit, History of Christianity,
IB HL Math 12, IB/AP Bus & Finance, IB/AP Spanish 6, Public Speaking

POLISH SCHOOL AT SZKOLA JEZYKA POLSKIEGO IM. ADAMA MICKIEWICZA *2 hrs per wk. 35 wks.* 9, 10, 11, 12
Student since 2012

Weekly classes / homework / research projects / essays / quizzes / tests, poetry & presentations at holidays & special events, readings at church

MICHIGAN SEAL OF BILITERACY EXAM IN POLISH 11

- College credit for language

SECONDARY LANGUAGE PROFICIENCY CERTIFICATION IN POLISH (LOTE) 10

- Achieved a 95% score in Polish fluency including reading, writing, and speaking.
- Qualified for state-approved 4 high school credits

MICHIGAN MATH & SCIENCE SCHOLARS SUMMER PROGRAM *30 hrs per wk 2 wks* 10

Psychology and The Brain - Competitive residential summer enrichment program with College-level classes taught by UofM professors, group projects & presentations, study of brain function & biochemistry & anatomy, brain dissections, and psychology.

Student

- Designed and taught a psychology-based learning game for children to play at Children's Museum
- Completed college-level neuroscience coursework

NSLC - BUSINESS ENTREPRENEURSHIP LEADERSHIP - COLUMBIA UNIVERSITY *40 hrs per wk. 2 wks.* 10

Competitive residential summer enrichment program for high school students at Columbia University.

Invited Student

- Classes, group projects, presentations, study of business cases and Shark Tank presentation competition

LIFEGUARD CERTIFICATION *27 hrs per wk. 1 wk.* 10, 11, 12

Lifeguard and 1st Aid- CPR-AED Combined Certification / American Red Cross & YMCA

- Combined certification by American Red Cross in Lifeguarding and First Aid / CPR / AED, includes water rescue techniques as core component
- Training includes recognizing emergencies, rescue techniques, spinal injury management, CPR/AED/First Aid for professional rescuers

WORK & VOLUNTEER EXPERIENCE

SIMPLY SERENE MENTAL HEALTH & WELLNESS APP FOR TEENS *8 hrs per wk. 40 wks.* 11, 12

Health and wellness app for Apple iOS and Android cell phones designed for high school teens

Founder

- Four pillars: breathing, meditation, journaling and unique MMA-style reset
- Supported and endorsed by Notre Dame Preparatory School and counseling staff
- Team of mentors: child psychologist, cardiologist, yoga & meditation trainers, journaling expert, MMA world champion
- See my story and my app at: www.simplysereneapp.com - www.annakafarski.com

DIGITAL MARKETING INTERN *5 hrs per wk. 35 wks.*

10, 11, 12

Digital Marketing Intern / OMA Comp

Intern

- Manage social media, creating content (blogs, newsletters, shorts/reels),
- Produce & host interviews & promo videos
- Conduct market research and analyze campaign performance using tools like SEO, Google Analytics, and CRMs, also website updates, email campaigns, and competitor analysis to improve client brand visibility
- Attend client meetings

LIFEGUARDING JOB *12 hrs per wk. 20 wks.*

10, 11, 12

Lifeguard Employee at Goldfish/Great Oaks Country Club

- Ensure safety of members and guests by actively monitoring pool and surrounding areas, enforcing safety regulations, and responding to emergencies
- Maintain pool cleanliness, test water chemistry, organize deck equipment, clean bathrooms & locker rooms, and provide customer service to members

GLAMOROUS MOMS VOLUNTEER *3 hrs per wk. 10 wks.*

11, 12

Nonprofit supporting women and expectant mothers through wellness education, emotional support, and essential in-kind and financial assistance.

Teen Impact Team Member & Volunteer

- Organize & set up speaking presentations & networking events
- Market and solicit donations for gala and other fundraising events
- Assemble & deliver donation baskets for expectant mothers

GRACE CENTERS OF HOPE VOLUNTEER *3 hrs per wk. 5 wks.*

9, 10, 11, 12

Faith-based nonprofit serving individuals facing homelessness, addiction, and social instability through accountability, life-skills training, and work-readiness programs.

Volunteer

- Organized women's boutique area to fit more donations and make the area look nicer for residents
- Cleaned up residents' yards in the fall/spring
- Cooked and served meals to residents

CLINICAL EXPOSURE & PATIENT CARE

9, 10, 11, 12

Gastroenterology Procedure Center / Eastside Endoscopy Center (9-12) & Petrous Orthodontics (10)

Volunteer

- Shadow and assist physicians at gastroenterology center, providing basic services to patients, puncturing IV bags, preparing rooms, and helping administrative staff
- Shadowed and assisted dentists and orthodontists

ACTIVITIES

ENTREPRENEURSHIP AND BUSINESS CLUB *1 hrs per wk. 36 wks.*

9, 10, 11, 12

Promote leadership and teach business skills to students.

President (11-12), Member (9-12)

- Set direction and goals of club, lead and organize monthly meetings, recruitment and outreach
- Plan and schedule speakers and presentations by local business professionals
- Teach students networking skills and tools (LinkedIn, Canva and other online & social media tools)
- Organize fundraising efforts for local rehabilitation centers
- 2026 Fall - Increased membership second year in a row
- 2025-2026 - Recruited 50 new members to boost membership to over 150 students

NDP HALLWAYS 3 hrs per wk. 39 wks.

11, 12

Novel use of new NDP Instagram account for recruitment campaign to increase NDP high school admissions targeted at local area middle school students pitched to NDP Admissions

Creator/Founder/Run the Instagram

- Researched and found that parents' decisions which high school their middle school students will attend is often influenced by the students, and these students often follow and view high school students and would view high school online accounts but only if more tailored to middle school students
- Created and pitched new campaign project to NDP Admissions for iPad in hallways with daily prompts so current students could record short videos on constantly changing topics to maintain interest, and post to newly created NDP_Hallways Instagram account which significantly increased middle school student interest
- 500,000+ profile and post views in first 4 months, students from NDP MS and other middle schools following
- Manage and review all Instagram Analytics and video content
- Produce daily prompts and brainstorm future topics

MICHIGAN YOUTH IN GOVERNMENT (MYIG) 1 hr per wk. 36 wks.

9, 10, 11, 12

Michigan Youth in Government is a YMCA-organized, student-led, state-funded statewide model government.

State Conference Social Media Editor, Head of Press for school's club, Legislator

- Responsible for social media content on the statewide account of YMCA MYIG for state conferences
- Led social media team of 5 people at YMCA MYIG state conferences
- "Rising Star" statewide award for showing remarkable efforts and introducing many new ideas to MYIG's social media platform
- Direct/produce/conduct interviews, photos, and videos with students and staff throughout conferences and at NDP
- Organize & publish posts and news on NDP MYIG club activities and accomplishments
- Recruited 10 new MYIG members for NDP
- Drafted, debated and negotiated bills on floor of Michigan House and Senate and through committees

THE LEPRECHAUN 1 hrs per wk. 36 wks.

9, 10, 11, 12

Student-led/organized NDP high school monthly newspaper

Head of Social Media/Creative Design Director

- Lead digital strategy
- Introduced Instagram Reels to shift newspaper to bigger social media exposure platform
- Increased online presence and followers - gained 225 followers
- Write monthly articles
- Recruited 20 new staff members

STUDENT COUNCIL 2 hrs per wk. 36 wks.

9, 10, 11, 12

Elected member of student government every year since freshman year.

Treasurer, Member

- Chaired school dances, prom, pep rallies, Irish Week, and many other student events
- Lead planning, logistics, and execution of major student events

NATIONAL HONOR SOCIETY 1 hrs per wk. 30 wks.

9, 10, 11, 12

Nationwide organization sponsored by our school for students who value scholarship, service, leadership, character and citizenship and strive to be well-rounded student leaders in and outside of school.

Member

- Completed school and community service projects (including 10+ hours out-of-school annually)
- Maintain a GPA of 3.75 or above
- Volunteer at school events

STUDENT AMBASSADOR NDP *2 hrs per wk. 36 wks.*

Appointed by NDP administration to represent school at Admissions and Advancement events.

Ambassador

- Lead tours at open houses and receptions
- Mentor prospective students
- Engage families to support recruitment
- Assist in donation efforts

VARSITY GIRLS TENNIS NDP *15 hrs per wk. 14 wks.*

9, 10, 11, 12

Spring Varsity Girls Tennis Team, matches, tournaments, practice.

Captain, Teammember

- Team State finals 2023, 2024, 2025
- State Runner-Up 2023, 2024

VOLUNTEER AT OUR LADY OF CZESTACHOWA CHURCH *1 hr per week. 30 wks*

9, 10, 11, 12

Volunteering and community service church-based group.

Volunteer, parish member

- Book drives for donation to pre-school
- Read Polish books to pre-school students and help at Polish school
- Created quilts, stuffed animals & baked goods to hand out at nursing homes
- Participated in fall clean-up at cemeteries, Christmas caroling at nursing homes, and other events.

AWARDS AND HONORS

- All-American Award 2026 - NSDA National Speech & Debate Association - Awarded annually to top 25 students in nation with highest total combined competitive and service points
- American Citizenship Award 2024-2025 (School; 10). Recognized by school administration & teachers for outstanding citizenship, community services, positive leadership, and strong character.
- Catholic High School League Academic Achievement Award (School; 9, 10,11). Recognized by Catholic High School League as one of the top 10 best students for academic achievements from schools in Southeastern Michigan. Award ceremony held annually on Ford Field during the Prep Bowl. Recipient every year since freshman year.
- NDP Highest Honors Award 2026 (school; 10-11) - Award for overall academic excellence
- NDP Academic Scholar Awards 2023-2026 (school; 9-11) - Freshman, sophomore, junior years - English, Math, Performing Arts, Religious Studies, Science, Social Studies, Health & Physical Education
- Notre Dame Prep Upper School Academic Scholarship 2023-2027 (School; 9-12) - \$2500 per year
- National Merit Community Service Award - InnerView - 2026